

Advanced Anatomy and Physiology in Tourism and Recreation

Assignment Guidelines:

This assignment requires students to choose one of three topics related to the integration of anatomy and physiology with interdisciplinary aspects in the field of tourism and recreation. Students are expected to conduct original research, provide a comparative analysis, and offer critical evaluations of current practices.

Use APA format for all external sources cited.

Reports should be detailed, supported by robust analytical frameworks and critical insights.

Submission Format:

Properly formatted report

Font: Times New Roman, Size: 12, Spacing: 1.5

Word Count: 3500-4500 words

Submission Deadline: April 4th, 2025

Assessment Criteria:

Depth of Interdisciplinary Research and Original Data (30%)

Complexity of Analysis and Integration of Concepts (30%)

Innovation in Solutions and Critical Evaluation (20%)

Quality of Writing, Structure, and Use of Advanced References (10%)

Comprehensive Application of Theoretical Knowledge (10%)

Formatting Guidelines:

APA Format:

Include in-text citations and a reference list following APA guidelines.

Font: Times New Roman, 12 pt.

Line Spacing: 1.5

Margins: 1 inch on all sides.

Mandatory Sections:

Title Page: Assignment title, student name, and student ID.

Table of Contents: Include section titles and page numbers.

Introduction: Outline the background, objectives, scope, and methodology of the report.

Main Body: Organized under clear headings reflecting the chosen topic, with subsections for literature review, methodology, data analysis, and discussion.

Conclusion: Summarize key findings, implications, and propose areas for future research.

References: List all sources cited, in APA format.

Appendices: Include any original data, charts, graphs, or tables.

Choose ONE of the following tasks:

Option 1: Comprehensive Analysis of Wellness Tourism Programs

Conduct original research on wellness tourism programs that integrate physical, mental, and spiritual well-being practices. Analyze their effectiveness using physiological theories, and critique their implementation across different cultural contexts.

Option 2: Safety Protocols in Adventure Tourism

Develop a scenario-based analysis for safety in adventure tourism activities like mountain climbing or scuba diving. Propose innovative safety protocols based on advanced understanding of human physiology under stress. Include comparative analysis of international safety standards.

Option 3: Cross-Cultural Health Practices in Tourism

Explore how different cultures interpret and implement health and wellness practices in tourism. Use interdisciplinary approaches to evaluate how these practices affect tourist health and safety. Include interviews with practitioners and tourists to provide empirical data for your analysis.

Submission Format: Upload the completed assignment as a PDF.